



Larimer County
Caregi♥**er**

We support **YOU**, so you can care for **THEM**.

Are you a grandparent or family member raising a child?
We have resources designed specifically for you!

Grandfamily Respite Vouchers

Financial assistance to pay someone you trust to watch the children, allowing you time to rest, run errands, or attend to your own health.

Grandfamily Powerful Tools for Caregivers

A free 6-week program to learn about self-care, stress management, asking for and accepting help, and stopping negative self-talk.

Connect With Us

- Visit our webpage to check eligibility, schedules, and resources.
- Call/Text: 970-498-7758
- Email: aging@larimer.gov
- Hablamos español



larimer.gov/caregiver



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Respite Vouchers

Everyone needs a breather. Our respite vouchers provide financial assistance to pay someone you trust to watch the children, allowing you time to rest, run errands, or attend to your own health.

Grandfamily Powerful Tools for Caregivers

A free 6-week program to learn about self-care, stress management, asking for and accepting help, and stopping negative self-talk.

Who is Eligible?

To qualify, you must:

- Be 55 years or older.
- Live in Larimer County.
- The primary caregiver for a related child 17 or younger. Relation can be by blood, marriage, or adoption.

Questions?

- Call or text us at 970-498-7758.
- Email us at aging@larimer.gov.
- Visit our website larimer.gov/caregiver for the current class schedule and caregiver resources!