

SAVE THE DATE



Evidence-Based Child Traumatic Stress Workshop



February 2nd, 9th, & 16th, 2024
9:30 A.M. - 2:00 P.M.
Virtual via Zoom

Learn about the impact of trauma on children. Must register.
Earn free gift card with attendance.



Kinship “Let’s Talk Support Group”

March 8th, 2024
11:30 A.M. - 12:30 P.M.
at Sylvania Senior Center
7140 Sylvania Ave.
Sylvania, OH 43560

Connect with other kinship caregivers going through a similar experience. Transportation & on-site child care available. Must register.



Kinship Club Meeting

March 21st, 2024
5:30 P.M. - 6:30 P.M.
at Margaret Hunt Senior Center
2121 Garden Lake Dr.
Toledo, OH 43614

Learn about community resources. Transportation & on-site child care available. Must register.

AREA OFFICE ON AGING
KINSHIP NAVIGATOR PROGRAM
2155 ARLINGTON AVENUE
TOLEDO, OH 43609

Return Service Requested

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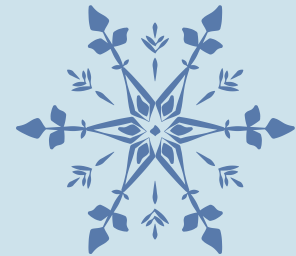
The Kinship Navigator Program is supported by the Area Office on Aging of Northwestern Ohio, Inc., Lucas County Children Services, and Lucas County Department of Job and Family Services.

2023 Winter Newsletter

Nationally Recognized

Kinship Navigator Program


Area Office on Aging of
Northwestern Ohio, Inc.



*“A Snowflake
is Winter’s Butterfly.”*

-Unknown

Resource Corner



HEAP
Home Energy Assistance Program

Stay Warm During The Cold Winter Months!

The Ohio Department of Development and the Area Office on Aging of Northwestern Ohio (AOoA) want to remind senior citizens in Ohio that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) and emergency HEAP helps OHians at or below 175 percent of the federal poverty guidelines pay their heating bills.


Applied directly to the customer's utility or bulk fuel bill, HEAP benefits can help manage heating costs. Older adults (60 years or older) may visit AOoA for help with assembling the required documents and completing their HEAP application. Older adults may also visit www.energypop.ohio.gov or areaofficeonaging.com to apply online or to download the application.


Applicants must have the following documents when applying:

- Most recent utility bills
- A list of all household members (including birth dates and Social Security numbers)
- Proof of income for the past 30 days for all household members (12 months for certain income types)
- Proof of U.S. citizenship or legal residency for all household members
- Proof of disability (if applicable)

HEAP benefits will be applied to an individual's energy bill starting in January 2024. Applications for the HEAP program must be received by May 31, 2024.

To be connected to your local Energy Assistance provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energypop.ohio.gov.






AREA OFFICE ON AGING OF NORTHWESTERN OHIO

LIVING BETTER LONGER

For more information, call AOoA at **(419) 382-0624**

www.AreaOfficeOnAging.com

[Facebook](#) [Twitter](#) [LinkedIn](#) 



Susie's Coats

(419) 304-3296

susiescoats@gmail.com



HAPPY HOLIDAYS

From the Kinship Navigator Program

Thank You Community Partners



















Are you interested in receiving the Quarterly Newsletter & Bi-Weekly E-Blast? Would you like a copy of our NEW Parenting Smarts Resource Guide, 10th Edition?


Visit www.areaofficeonaging.com or contact our **"Nationally Recognized" Kinship Navigator Program** at **(419) 382-0624.**



Winter Bucket List


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Play in the snow.
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Bake cookies.
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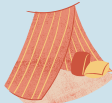
Drink hot chocolate.
- 


Watch a movie.
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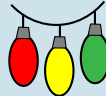
Read a book.
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Build a snowman.
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Have a game night.
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Paint a picture.
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Build a blanket fort.
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Visit a friend.
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Look at the lights.